

EXPAND YOUR TEACHING SKILLS / INTRO TO ASSISTS CEC SCHEDULE



PART 1:	Saturday May 2nd, 2020 & Sunday May 3rd, 2020
PART 2:	Saturday May 23rd, 2020 & Sunday May 24th, 2020
FACILITATOR:	Maggie Thomas E-RYT
LOCATION:	TBA Sudbury, ON
CONTACT:	705-923-7723 /maggie@maggiethomasIT.com. www.maggiethomasit.com
TUITION:	\$900 Plus Tax paid-in-full by April 22nd 2020
	Payment Plans Available. Ask for details .

WEEK	DATE	DAY	BEGIN	END	TOPIC
PART 1	May 2nd	Saturday	10:00 AM	8:00 PM	Philosophy / Living Yoga
	May 3rd	Sunday	10:00 AM	8:00PM	Teaching Methodology
PART 2	May 23rd	Saturday	10:00 AM	8:00PM	Intro/Psychology of Yoga Assists
	May 24th	Sunday	10:00 AM	8:00PM	Teaching Methodology of Assists

***COURSE MANUAL WILL BE SUPPLIED**

THINGS TO BRING

1. A Yoga Mat
- 2 Yoga Blocks
3. Mini Yoga Towel
4. Journal & Pen
5. Any additional props for your own comfort (Bolster or Blanket)

